

## Head Physiotherapist, St Mirren FC, First Team



The Head Physiotherapist is responsible for the delivery and management of physiotherapy services within the professional football club. This includes injury prevention, assessment, treatment, and rehabilitation of players, ensuring optimal availability and performance throughout the season.

### Key Relationships will be with:

- 1st Team Manager and Coaching Staff
- Club Management
- Club Stakeholders
- Sports Science and Performance Team
- External Medical Providers and Specialists

### Duties/Key Responsibilities

#### *Clinical Leadership and Service Delivery*

- Lead the physiotherapy provision for the first team and wider club including supporting the academy and women's team
- Deliver high-quality assessment, diagnosis, and treatment of musculoskeletal injuries
- Develop and implement evidence-based rehabilitation programmes tailored to individual players
- Arrange pre-signing medicals at the discretion of the club
- Arrange annual cardiac screenings, blood tests and neurocognitive screenings for all professional players and assist with academy screenings



**ST MIRREN FOOTBALL CLUB LTD**  
The SMISA Stadium, Greenhill Road  
Paisley PA3 1RU

**Enquiries:** 0141 889 2558  
**Ticket Office:** 0141 840 6120  
**Commercial:** 0141 840 1337  
info@stmirren.com  
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### ***Injury Prevention and Performance***

- Design and deliver injury prevention strategies in collaboration with sports science staff
- Monitor player loading and contribute to performance planning
- Support return-to-play decisions through objective testing and clinical reasoning

### ***Matchday and Training Cover***

- Provide physiotherapy support at all training sessions and competitive fixtures
- Deliver immediate pitch-side assessment and treatment of injuries
- Ensure compliance with all competition medical regulations and emergency protocols
- Ensure a comprehensive EAP handover is completed to opposition medical staff and paramedics at home fixtures

### ***Communication and Collaboration***

- Work closely with the coaching staff, performance team and club stakeholders
- Provide regular updates on player status, rehabilitation progress, and availability to management and club stakeholders
- Liaise with external consultants and specialists including referring for imaging and consultations when required
- Accompany players to specialist appointments including surgery, when possible



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### **Administration and Governance**

- Maintain accurate, confidential medical records
- Ensure compliance with all relevant medical, legal, and safeguarding standards
- Contribute to departmental audits, CPD, and best practice development
- Notify the club health provider of all external consultants and specialists appointments
- Manage a medical budget including daily supplies, player transport, health insurance premiums and CPD

### **Other responsibilities**

- Work flexibly as and when required to meet the needs of the club
- Be aware of the SMFC policies, procedures and best practice so that concerns of non-compliance can be raised
- Work within the company policies and processes. Seek advice and guidance if required ensuring employees and processes work seamlessly together
- Attend meetings, training and professional updates as and when required
- Adhere to existing working practices, methods, procedures, undertake relevant training and development activities and respond positively to new and alternative systems
- Maintain confidentiality and observe data protection and associated guidelines
- Adhere to and support the club's Equality, Diversity and Inclusion, Health and Safety and Safeguarding policies
- Show a willingness to build relationships internally and externally to support the Club's progression on and off the pitch

In addition to these responsibilities carry out such duties as may reasonably be required. The above duties are a guide to the nature of the work required & are not intended to reflect all tasks associated within the role.



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## Requirements for the Role

### **Qualifications & Professional Memberships**

- Degree in Physiotherapy (BSc or MSc)
- Full membership of the Chartered Society of Physiotherapy (CSP)
- Registered with the Health and Care Professions Council (HCPC)
- Qualified in ATMMiF SportPromote (or equivalent pitch-side emergency care certification)
- Postgraduate qualification in Sports Physiotherapy or related field (desirable)

### **Experience**

- Minimum of 3 years' experience working in elite or professional sport, ideally football
- Proven experience in musculoskeletal injury management and rehabilitation
- Experience working within and leading a multidisciplinary performance team

### **Skills and Competencies**

- Excellent clinical reasoning and hands-on treatment skills
- Strong communication and interpersonal skills
- Ability to work effectively in a high-pressure, team environment
- High level of professionalism, discretion, and integrity
- Strong organisational and time management skills

### **Desirable**

- Experience in a professional football club environment at first team level
- Knowledge of sports science principles and load monitoring
- Involvement in research or continued professional development in sports physiotherapy/medicine



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## How to Apply

If you are interested in this position, please email your CV and a covering letter outlining your suitability for the role to Lynsey McLean, General Manager  
[lynsey.mclean@stmirren.com](mailto:lynsey.mclean@stmirren.com)

Applications will close on **Friday 19<sup>th</sup> June at 4pm.**

Following the closing date we will contact successful applicants to proceed to the interview stage.



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